

Class Timetable January 2019

Monday

4-5 Mixed Recreational Badges 8-1

5-8.30 Competition Squad

8.30-10 Adult Gymnastics



Tuesday

4-5.30 Development Squad

4.30-5.30 Beginner Girls

4.30-7 Young Advanced

5.40-7.10 Improver Girls

7.15-8.45 Senior Girls

Wednesday

1.30-2.30 Pre School

4.30-5.30 Beginner Boys

5-7 Junior and Intermediate Recreational Competition Squad

5.45-6.45 Junior Boys

7-9 Senior Recreational Competition Squad

Thursday

4-5 Mixed Recreational Badges 8-1

5-8.30 Competition Squad

8.30-9.30 Teen Class

Friday

12-1 Pre School

4-5 Mixed Recreational Badges 8-1

5.15-6.45 Junior Girls

7-8.45 Intermediate Girls

Saturday

8.45-12 Competition Squad

12-1 Mixed Recreational Badges 8-1

1-3 Advanced Recreation

Sunday

10.30-12.30 Advanced 1

1-3 Advanced 2

3.30-5.30 Advanced 3

3-6 Junior and Intermediate Recreational Competition Squad

6-8.30 Senior Recreational Competition Squad